



**USA Hockey / Team Up Against Concussions Week**  
USA Hockey Social Media Suggestions

**CLF social media handles:**

Facebook: @concussionfoundation  
Instagram: @concussionfoundation  
Twitter: @ConcussionLF

**Hashtag to use:**

#TeamUpAgainstConcussions

**Language for grassroots teams to use in posts:**

Facebook/Instagram:

**TEAM NAME** is proud to participate in @usahockey and @concussionfoundation's #TeamUpAgainstConcussions Week!

**PLAYER NAME** was chosen as our Concussion Legacy Captain. **He/she** gave CLF's Team Up Against Concussions speech to the team to set a positive concussion culture and make sure athletes with possible concussions get the care they need.

Learn more about the speech and CLF's Concussion Legacy Captains program at [ConcussionFoundation.org/Captains](http://ConcussionFoundation.org/Captains).

[include video of speech and post-team selfie]

Twitter:

**TEAM NAME** is proud to participate in @usahockey and @ConcussionLF's #TeamUpAgainstConcussions Week!

**PLAYER NAME** gave the Team Up Against Concussions speech to set a positive concussion culture on the team.

Learn more at [ConcussionFoundation.org/Captains](http://ConcussionFoundation.org/Captains).

[include video of speech]